



# Massachusetts TeamWalk Connection Forum For people concerned with HSP or PLS

Saturday, September 13, 2008

12:00 – 3:00 p.m.

Horn Pond, Woburn, Massachusetts (Arlington Street and Lake Street)

*Exchange stories & concerns, enjoy a picnic lunch and Forum programs  
Bring us one step closer to our cure in our annual TeamWalk walkathon*

## **Connection Forum, 12:00 – 2:00 p.m.**

Gather in our reserved picnic area at beautiful Horn Pond in Woburn. There's plenty of parking and a handicapped restroom. Bring your own picnic lunch and a snack or dessert to share. Drinks and paper supplies will be provided. Horn Pond Map: <http://www.waldenfont.com/wren/>

**Agenda:** Socialize, participate in a Round Robin Show and Tell (demo or talk about something that helps you manage life better), enjoy our picnic lunch, learn from our Special Topics Forum (selected individuals will present programs of interest), have fun

## **TeamWalk For Our Cures walkathon, 2:00 – 3:00 p.m.**

After the Connection Forum, we'll hold our TeamWalk in a lovely, accessible nature path at Horn Pond. Individuals can walk, roll or stroll as little or as much as desired. Our TeamWalk is about participation.

**Note:** Our TeamWalk is our annual fundraising walkathon. All funds raised support Research Awards to find our cures. TeamWalk is a pre-paid event. Participants are asked to get sponsors for their participation and mail the donations in ahead of the event. Please review the Tips & Sample Letters flyer and use the Sponsorship Form. Both were in your recent Synapse issue and are available online: <http://sp-foundation.org/TW08/tips-forms.htm>

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## **\$10 Registration Fee – Mail in by August 29**

The Registration Fee is \$10 per person, which reserves your TeamWalk T-shirt. Please make your check payable to Spastic Paraplegia Foundation and mail to: Kathi Geisler, 1 Dornoch Circle, North Chelmsford, MA 01863. For more information, email [kathigeisler1@aol.com](mailto:kathigeisler1@aol.com). NOTE: You can register online at [www.sp-foundation.org](http://www.sp-foundation.org).

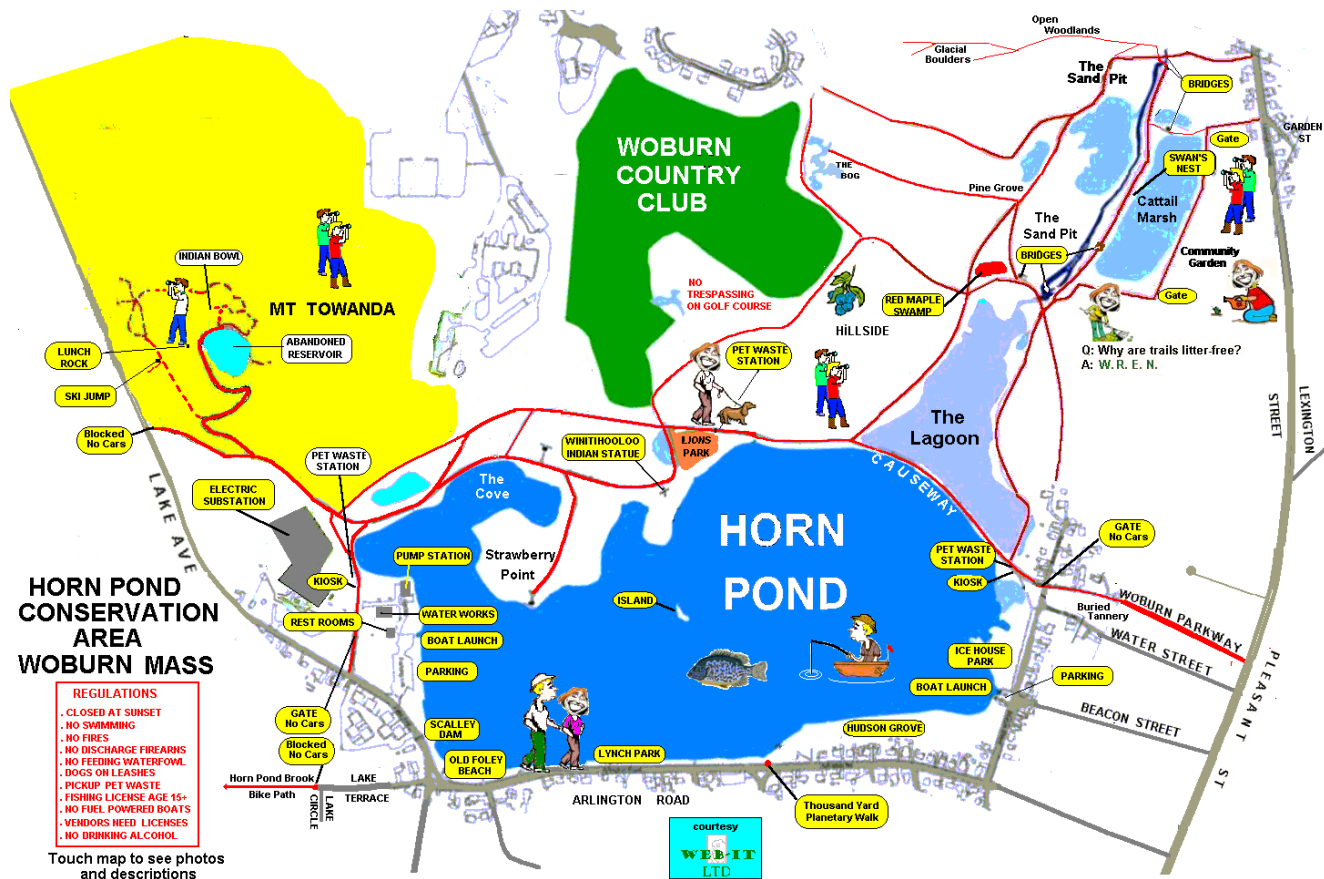
Your name: \_\_\_\_\_

Your phone and email: \_\_\_\_\_

Other people attending with you: \_\_\_\_\_

T-shirt sizes requested (sizes not guaranteed – register early!): \_\_\_ XXL \_\_\_ XL \_\_\_ L \_\_\_ M

# of attendees: \_\_\_ \$ \_\_\_ enclosed



## TeamWalk Connection Forum at Horn Pond, Woburn, MA:

Our reserved picnic area is located adjacent to the parking lot and handicapped restroom. Enter the parking lot from Lake Avenue near the crossroad of Arlington Road.

After our picnic lunch and Connection Forum, we'll get in our cars and drive via Arlington Road to the parking area off Beacon Street. We'll enjoy our TeamWalk in a lovely path around part of Horn Pond that is suitable for assistive devices.

NOTE: This is an interactive map available online at <http://www.waldenfont.com/wren/>

While you are online, enjoy this webpage with numerous photos taken at Horn Pond: <http://www.northrup.org/photos/horn-pond/>