

<p><b>1. SPEECH</b></p> <p>6 normal speech processes  5 occasional speech disturbance, not detectable to others  4 detectable speech disturbance  3 alteration in habits to improve speech  2 intelligible with repeating  1 speech combined with non-vocal communication  0 loss of useful speech</p>	<p><b>7. TURNING IN BED AND ADJUSTING BEDCLOTHES</b></p> <p>6 normal  5 slow, slight difficulty  4 somewhat slow or clumsy, needs no help  3 nearly always slow and clumsy, may require intermittent assistance  2 can turn alone or adjust sheets with great difficulty  1 can initiate, cannot turn or adjust sheets  0 helpless</p>
<p><b>2. SALIVATION</b></p> <p>6 normal  5 possible excess saliva, may notice increased frequency of swallowing or coughing  4 slight but definite excess of saliva in mouth, may have nighttime drooling  3 definite nighttime drooling, may have day time drooling  2 moderately excessive saliva, may have minimal drooling  1 marked excess of saliva with some drooling  0 marked drooling, requires constant tissue</p>	<p><b>8. WALKING</b></p> <p>6 normal  5 slow, may notice occasional tripping or change in gait  4 early ambulation difficulties  3 mixture of walking independently and with assistance  2 walks with assistance  1 non-ambulatory functional movement only  0 no purposeful leg movement</p>
<p><b>3. SWALLOWING</b></p> <p>6 normal eating habits  5 early modifications to eating habits, may have occasional gagging or coughing, no episodes of choking  4 early eating problems, occasional choking  3 regular episodes of choking, most foods are problematic  2 dietary consistency changes  1 needs supplemental tube feedings  0 NPO (exclusively parenteral or enteral feedings)</p>	<p><b>9. CLIMBING STAIRS</b></p> <p>6 normal  5 exercising caution and focus  4 slow  3 intermittent unsteadiness or fatigue  2 mild to moderate unsteadiness or fatigue, may use hand rail  1 needs assistance  0 cannot do</p>
<p><b>4. HANDWRITING</b></p> <p>6 normal  5 slower, but not sloppy, requires more focus  4 slow and sloppy, all words legible  3 modifications to writing style (size, cursive versus print, etc.)  2 not all words legible  1 able to grip pen, unable to write  0 unable to grip pen</p>	<p><b>R-1. DYSPNEA</b></p> <p>6 none  5 occurs occasionally with activities more strenuous than walking  4 occurs when walking  3 occurs intermittently with activities other than walking  2 occurs with one or more; eating, bathing, dressing  1 occurs at rest, either sitting or lying  0 significant difficulty, considering mechanical support</p>
<p><b>5. CUTTING FOOD AND HANDLING UTENSILS</b></p> <p>6 normal  5 occasional difficulty cutting certain types of foods, no help needed  4 somewhat slow and clumsy, needs no help  3 using a modified method for cutting foods or handling utensils  2 can cut most foods, slow or clumsy, some help needed  1 foods cut by someone else, can still feed slowly  0 needs to be fed</p>	<p><b>R-2 ORTHOPNEA</b></p> <p>4 none  3 some difficulty sleeping, d/t shortness of breath, does not routinely use more than two pillows  2 needs extra pillows to sleep (&gt;2)  1 can only sleep sitting up  0 unable to sleep</p>
<p><b>6. DRESSING AND HYGIENE</b></p> <p>6 normal  5 slower, but completely independent  4 independent self-care with effort or decreased efficiency  3 modifications to the frequency and/or completion of tasks, considering the use of one or more assistive devices  2 intermittent assistance or substitute methods  1 needs attendant for self-care  0 total dependence</p>	<p><b>R-3 RESPIRATORY INSUFFICIENCY</b></p> <p>4 none  3 intermittent use of BiPAP  2 continuous use of BiPAP at night  1 continuous use of BiPAP day and night  0 invasive mechanical ventilation by intubation/trach</p> <p><b>** If R-3 ≤ 2, score R-2 as 0 (unable to sleep) **</b></p> <p><b>TOTAL PLSFRS SCORE: _____ of 68</b></p>