The Spastic Paraplegia Foundation Inc. (SPF) is a national, not-for-profit, voluntary organization. It is the only organization in the Americas dedicated to Primary Lateral Sclerosis (PLS) and Hereditary Spastic Paraplegia (HSP).

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Synapse Special Edition
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Disclaimer: The Spastic Paraplegia Foundation does not endorse products, services or manufacturers. Those that are mentioned in Synapse are included for your information. The SPF assumes no liability whatsoever for the use or contents of any product or service mentioned in the newsletter.
Hello, SPF Members & Friends,

I just finished reading a book that reminds me of so many of you and the SPF, including myself. The book is entitled Make Your Bed - Little Things That Can Change Your Life and Maybe The World, written by Admiral William H. McRaven (U.S. Navy Retired). In the last chapter, he describes his first day of SEAL training. The instructor warned the group of 150 that they were about to begin the toughest course of instruction in the United States military. He told them, “Most of you will not make it through. I will see to that.” Loudly ringing a large bell next to the group, he told them, “Ring the bell, and you won’t have to get up early. Ring the bell, and you won’t have to do the long runs, the cold swims, or the obstacle course. Ring the bell, and you can avoid all this pain.” Then, after a long pause, the instructor said, “But let me tell you something. If you quit, you will regret it for the rest of your life. Quitting never makes anything easier.” Six months later, only 33 of the original 150 finished the course, but they were trained and conditioned. Committed to never quit, but to reach every day...every minute...toward that goal or task before them. May you and I and every member of the SPF team persist in the work to find treatments and cures for Hereditary Spastic Paraplegia and Primary Lateral Sclerosis (#HSPandPLS) continually supporting with that kind of conviction and commitment.

I cannot thank all of you enough for the record-setting and fantastic fundraising year we experienced in 2022! Together, we raised just over $1,280,000. As a result, our Scientific Advisory Board and SPF Board of Directors will move quickly toward the next important round of fundraising. Scientific proposals have already been requested from interested researchers which we plan to fund by late summer, while seven new research projects were just awarded in November. THANK YOU to every donor and contributor, from our larger, matching year-end donors to our monthly recurring donors to our one-time donors, and to even the smallest contribution. Every contribution is so important, and your board is committed to finding the most important and coordinated research that can and will make a difference in the life of every family affected by these diseases.

So much is just ahead, and you are invited and needed to participate. Watch the website for information regarding Rare Disease Day on February 28 and the 2023 Annual Conference in St. Louis, MO, June 23-25! There will be much medical research to learn about and many new friends to meet. We look forward to seeing many of you there!!

Until next time,

Greg Pruitt, President

Dr Fink's Neurological Support Group

Join the Official SPF Group at: https://www.facebook.com/groups/HSPandPLS/
2022 SP-Foundation Annual Conference Highlights

Thank You for Making Our Conference One of the Best

Your attendance was greatly appreciated as we celebrated at in-person the 20th Annual Conference of the Spastic Paraplegia Foundation (SP-Foundation). A clear majority of people in attendance raised their hands noting they were attending the conference for the first time. We were thrilled that 214 people, including 11 children, attended the conference in Nashville, Tennessee. We continue to see new faces at the conference, affirming that people are receiving a diagnosis of HSP or PLS, or they are just finding out the SP-Foundation exists.

On behalf of the SP-Foundation Board of Directors, we would like to thank every sponsor, vendor, attendee, and speaker who made the 2022 SPF Annual Conference a success! There were many who contributed time, money and so much effort in making the conference in-person and bringing energy, making it fun and informative! There is a saying that “it takes a village”, and this is especially true when coordinating a conference. I could not have ever done this job without the help of our family, friends, and the volunteers from the SP-Foundation community. I would like to thank all the board members behind the scenes helping to coordinate event planning details, website development, and payment administration.

A sincere thank you goes out again to Tim Croghan for being our Master of Ceremonies. It is not an easy job to keep everyone and everything on time running smoothly. Actually, it’s almost impossible, but we are thankful for every member of our team. We also shout-out a big thank you to our videographers for capturing video footage for our YouTube Channel.

We want to bring together patients and families with doctors, investigators, and researcher so we can raise awareness, and they see how we are progressing annually with these diseases. We were fortunate to have some of the most knowledgeable doctors on both HSP and PLS speak at the conference. You can find their presentations on our YouTube Channel and subscribe to our channel by searching for Spastic Paraplegia Foundation. Thank you to all the wonderful doctors, investigators, and researchers who took time away from their busy schedules to travel to Nashville, Tennessee, to share their knowledge with us. Please say thank you if you see any of them on a regular basis.

Thank you to our generous sponsors this year. Without our group of sponsors, the costs would have eaten into the research funds. Please say thank you if you see any of our sponsors, and do business with them when you need anything they may provide or sell.

I can truly say it is a learning experience in a new city and state every year. We contract with a hotel to book the hotel and conference center usually a year or two in advance. The 2022 & 2023 conference was booked under contract during 2019. While we try to keep expenses low, it is unfortunate that costs are gradually increasing. The conference while it is important, is not a fundraiser. We have to find creative ways to fund the event or use the funds that come from donations.

Thanks to everyone who made up the “village” and helped make the 2022 Conference such a wonderful experience for all our attendees. I can honestly say we had a great time meeting everyone, seeing old acquaintances and making new friends. We look forward to our 2023 SPF Annual Conference in St Louis, Missouri, June 23-25, 2023

Sincerely,

Norma Pruitt
SPF Executive Director and Conference Coordinator
SpasticConference@gmail.com
The SP-Foundation coordinates the world’s largest gathering of those with HSP and PLS at the Annual SPF Conference. For two and one-half days, attendees meet to learn from world-leading researchers and clinicians, network, reunite with old friends, and make new ones. Many people, from patients to caregivers to medical professionals, travel from all over the world to attend the conference. Many members have reported that the conference is like a reunion, where they get to meet friends from all over the world that look and walk just like them. The location moves each year, providing a broader and easier opportunity for people to attend and travel across America. Accessibility accommodations are kept in mind when planning and choosing conference locations. Attendees have the opportunity to learn about spastic paraplegia relating to research, genetics, physical therapy, living with HSP and PLS, coping, caregiving, and more.

Sessions at the conference may include researchers who receive scientific and medical research grants from the SP-Foundation. Researchers and doctors will share information about their work, updates on gene therapy, and CRISPR genome editing. We usually include breakout sessions for just men, just women, just children, and caregivers in which each group can talk with each other about daily personal living issues. If you have a concern or a question that you would like to submit ahead of time, please let us know, and we will address it during the breakout session. Another breakout session will allow states to gather and meet regionally, where you’ll have an opportunity to meet with SPF ambassadors.

There are informative sessions on clinical research and related disorders for therapeutic development, mechanistic route to therapy, human genetics, and neurology. Dr. John Fink, MD, who serves as the SP-Foundation’s scientific medical advisor and is the Director of the Neurogenetic Disorders Clinic at the University of Michigan and Physician-Scientist at the Geriatric Research Education and Clinical Center will present and address questions in detail.

### 2023 SP-Foundation Annual Conference Registration is Open

**Early Discounted Fees Must Be Paid by February 24, 2023.**

**NO REFUNDS AFTER MAY 31ST, 2023.**

Any questions, please email us at SpasticConference@gmail.com or call 877-773-4483

**Join Us In St. Louis, Missouri – June 23-25, 2023**

The Spastic Paraplegia Foundation invites you to the Annual Conference to learn, share, network, spark collaboration, and have fun! Mark your calendars to join us beginning at 8:am Friday, June 23rd ending at Noon Sunday, June 25th, 2023.
Below are instructions to register for the conference, including a weblink to the hotel to book a room and a number to call for accessible transportation. The 2023 agenda is a similar footprint as the 2022 conference but is subject to change based on preferences from our speakers and other factors. However, the dates will not change. Please check back on this page as details are finalized, where we will provide a final agenda.

PLEASE READ DETAILS BELOW PRIOR TO MAKING RESERVATIONS.

CONFERENCE REGISTRATION FEES
Conference Fees are charged to cover the costs of the conference, meals, breaks, conference meeting room rental, audio-video equipment, videographers, and other expenses to conduct a national conference. The fees charged per registration do not actually cover all the expenses; and therefore, SPF must sponsor the balance from donations received and fundraising. If you, your family, your guests are attending the conference each person must register and pay the appropriate rate.

The Spastic Paraplegia Foundation tries to sponsor a conference to bring together the leading doctors, scientists, researchers, clinicians, and families living with #HSPandPLS. SPF has hosted the Annual SPF Conference since 2003. We look forward to reuniting as a community at this year’s conference to offer each other support and strength, and to learn about the latest advances in research and care.

The two and half day event is filled with a variety of workshops, keynote sessions with leading researchers, and more—plus fun events like our meet & greet, family fun, as well as teen and adult social activities. There are also many opportunities to connect and interact with other SPF families and to receive firsthand updates from doctors.

2023 marks new beginnings at the conference with a new VIRTUAL OPTION for those that cannot attend in-person.

| $150 - VIRTUAL REGISTRATION ONLY |
| Payment must be received by June 16, 2023 |
| A non-shareable link will be emailed a few days prior to the Annual Conference. Please provide complete, valid email address on the registration form. |
| Early Discount – Payment must be received by February 24, 2023 |
| $200 - 1st Adult Conference Fee Early Discount |
| $130 - 2nd+ Adult Conference Fee Early Discount |
| $100 - Child Early Discount (under age 18) |
| Payment must be received by May 31, 2023 |
| $250 - 1st Adult Registration February 26 to May 31st. |
| $200 - 2nd+ Adult Conference Fee Early Discount |
| $100 - Child Registration February 26 to May 31st |
| Onsite Registration |
| $300 - 1st Adult Registration June 1st to Onsite |
| $280 - 2nd+ Adult Registration June 1st to Onsite |
| $100 - Child Registration June 1st to Onsite |

Please notice we try to make accommodations for people with food allergies and other allergies to help keep space safe for attendees. Please make note of any allergies on the registration form and make sure you remind the hotel staff when you are being served.

TWO WAYS TO REGISTER/PAY
(1) REGISTER online for the 2023 SPF Annual Conference in St Louis, Missouri. After you REGISTER, click to PAY REGISTRATION FEE ONLINE by credit card for the appropriate registration fees.

OR
(2) Print the Registration Form, Complete Form, Make Check Payable: SP-Foundation, then Mail Payment & Form To: SPF, 6952 Clayborne Drive, O’Fallon, MO 63368-6202
2023 SPF ANNUAL CONFERENCE

Tentative Agenda (Subject to Change)

June 22, Thursday  BOD Meeting

June 23, Friday
7:00am  Breakfast (On Your Own)
8:00am  Welcome
9:00am  General Session or Breakouts
10:00am General Session or Breakouts
12:00pm Lunch, plated (Provided)
1:30pm  General Session or Breakouts
3:00pm  General Session or Breakouts
5:30pm  Dinner (On Your Own)

June 24, Saturday
7:00am  Breakfast (On your Own)
8:00am  General Sessions or Breakouts
12:00pm Lunch, lite & plated (Provided)
1:30pm  General Session or Breakouts
6:30pm  Dinner plated (Provided)

June 25, Sunday
8:00am  Coffee & Pastries w/Dr. John Fink (Provided)
10:30am SPF Committees (Breakouts)
12:00pm Adjourn, Lunch (on your own)

IMAGE CONSENT POLICY: By completing & submitting registration form you acknowledge providing consent to use your image captured during the conference through video, photographs, or digital imagery, to be used by SPF in promotional materials, publications, and website and waive any and all rights to these images, unless otherwise revoked in writing to SpasticConference@gmail.com prior to the conference dates.

FILMING/RECORDING POLICY: Recording of any audio/or videotaping of conference sessions, or at any venue of the annual conference is forbidden, without prior written approval by the SPF. Conference presentations will be available on the website after the completion of the annual conference. Attendants at the annual conference expect, and deserve, the right to privacy. SPF will photograph and record at the annual conference and will make photographs and other media available for news, educational, and promotional purposes as appropriately deemed by SPF.

SOLICITATION POLICY: Soliciting funds for organizations, or for individual benefit, other than donations directed to the Spastic Paraplegia Foundation are prohibited at SPF events. Any people or materials soliciting funds for other organizations or for individual benefit will be removed or asked to leave the conference.

Important Dates:

12/14/2022 .... Registration Scholarship Application Open
01/04/2023 .... Registration Annual Conference Open
02/10/2023 .... Last Day – Conference Scholarship Applications
02/17/2023 .... Notification of Scholarship Awards
02/24/2023 .... Last Day - Early Bird Registration Pricing
05/31/2023 .... Last Day - Advance Registration

HOTEL RESERVATIONS
The 2023 Annual Conference will be held in the: Marriott St. Louis Airport Hotel 10700 Pear Tree Lane | St. Louis, MO 63134 Phone: (314) 423-9700
Website: https://www.marriott.com/en-us/hotels/stlap-marriott-st-louis-airport/overview/

HOTEL RATE: Mention “SPF/SPASTIC PARAPLEGIA” to be included in the room block for discounted room rate per night of $122 +applicable fees and taxes.

Check-In 3:00pm/Check-Out Noon, CST

Scan the QR Code to use hotel link to book your HOTEL RESERVATIONS or call (314) 423-9700.

Guest Room Booking Website: https://www.marriott.com/event-reservations/reservation-link.

Marriott St. Louis Airport Hotel
**ROOM ACCOMMODATIONS:** Please note all ADA Rooms have been reserved for our attendees but may be sold-out prior to your reservation. The hotel has available: Concierge King & Concierge Double Rooms with a Walk In Shower. The Standard King & Standard Double Rooms have a Shower / Tub Combo.

**HOTEL HIGHLIGHTS:**
- 15-miles from downtown.
- SPF Guests at the conference hotel receive free self-parking and Wi-Fi-internet, and pet friendly.
- Located onsite: restaurant, bar, coffee shop, indoor/outdoor pool, fitness center.
- Hotel shuttles run every 20 minutes starting at the top of each hour around the clock. No need to call, just proceed to Hotel Pickup.
  Terminal 1 – Lower Level Exit 18
  Terminal 2 – Lower Level Exit 15
- Shuttles only go to/from the airport. All other needs would be via taxi / uber.

**AIRPORT HIGHLIGHTS:**
- Hotel is located less than a mile (0.7-mile) from St Louis Lambert International Airport (STL), https://www.flystl.com, Airport Telephone: (314) 890-1333, airport shuttle complimentary.
- Transportation Services - https://www.flystl.com/parking-and-transportation

**THINGS TO DO IN ST. LOUIS:**
- https://explorestlouis.com/
SPF CONFERENCE SCHOLARSHIP PROGRAM
SPF created a Conference Scholarship Pilot Program to help low-income individuals and families with HSP or PLS attend the SPF Annual Conference. Because of generous donors, SPF will offer a limited number of Scholarships that will cover only the registration fees of the person with HSP or PLS. Applications will be accepted until February 10, 2023. Applicants will be notified after all applications have been reviewed, but no later than February 17, 2023. Please note the Early Discount Deadline is February 24, 2023. Request a Scholarship Application by contacting Dina Landphair at dinalandphair@sp-foundation.org or complete an the application online at https://sp-foundation.dm.networkforgood.com/forms/spf-conference-scholarship

DONATE TO THE CONFERENCE SCHOLARSHIP PROGRAM Help someone with HSP or PLS attend the SPF Annual Conference by donating on the Registration Form.

SPF Conference Scholarship
(PLEASE PRINT)
1. First and Last Name: __________________________________________________

2. Email Address: _______________________________________________________

3. Phone Number _______________________________________________________

4. What state or region do you live in? ___________________________________

5. Have you been diagnosed with HSP or PLS? □ HSP □ PLS

6. Will this be your first SPF Annual Conference? □ Yes □ No

7. Are you a member of SPF? □ Yes □ No

8. Tell us about your involvement with SPF (check all that apply):
   □ Prior Annual Conference attendee □ Ambassador □ Fundraising Committee
   □ Market Committee □ Education & Ambassador Committee □ Donor
   □ I want to get involved

9. Explain why you have a financial need for a grant: _________________________

10. My household total monthly income after tax is:
    □ $0-1,000 □ $1,001-$2,000 □ $2,001-$3,000
    □ $3,001-$4,000 □ $4,001-$5,000 □ $5,001+

11. Sources of income (check all that apply):
    □ SSI/SSDI □ Work □ Retirement □ Other ___________________________

12. Anything else you would like us to know in considering your application?

_____________________________________________________________________
_____________________________________________________________________
_____________________________________________________________________
CONFERENCE DETAILS: Conference Fees are charged to cover the costs of the conference, including but limited to meals, breaks, room rental, audio-video equipment, videographers, and other expenses to conduct the conference. The fees charged per registration do not actually cover all the expenses; and therefore, SPF must sponsor the balance from donations received from fundraising. If you, your family, or your guests are attending the conference each person must register and pay the appropriate rate, so we can appropriately plan accordingly.

Spastic Paraplegia Foundation sponsors an annual conference to bring together the leading doctors, scientists, researchers, clinicians, and families living with HSPandPLS, which SPF has hosted since 2003. We look forward to uniting as a community to support, strengthen, and learn from each other and about the latest advances in research and care.

This event is filled with a variety of workshops, general sessions with leading researchers, and more—plus informative events like our meal & greets and social mingles. There are many opportunities to connect and interact with other SPF families and to receive updates from doctors.

We try to make accommodations for people with food allergies, other allergies, and try to keep the space safe for attendees. Please make note of any allergies on the registration form and make sure to remind the hotel staff when you are being served.

CONFERENCE REGISTRATION* - TWO WAYS TO REGISTER/PAY:
(1) REGISTER online for the 2023 SPF Annual Conference in STL, MO at SP-Foundation.org. After you REGISTER, click the DONATE button on the Registration page, follow the prompts here to PAY the appropriate registration fees by credit card.  (OR)
(2) Print the Registration Form, Complete Form, Make Check Payable To: SPF-Foundation, then Mail Payment & Form To: SPF, 6952 Clayborne Drive, O’Fallon, MO 63368-6202. * You will receive an email acknowledging your registration and payment once it has been paid. You are not fully registered until SPF receives your registration fees. Please note the Early Discount Deadline and Refund Statement on the Registration Form.

HOTEL RESERVATIONS: Marriott St. Louis Airport Hotel, 10700 Pear Tree Lane | St. Louis, MO 63134, Phone: (314)423-9700. Main website https://www.marriott.com/en-us/hotels/stlap-marriott-st-louis-airport/overview/; Booking Website: https://www.marriott.com/event-reservations/reservation-link.mi?id=1670623196758&key=GRP&app=resvlink. Mention “SPF/SPASTIC PARAPLEGIA” for discounted room rate of $122+applicable fees and taxes. Check in 3:pm/Check Out Noon, cst. SPF Hotel Guests receive free self parking and wifi. Available onsite is a restaurant, bar, coffee shop, indoor pool, fitness center, and airport shuttle (non-accessible). Hotel is 15-miles from downtown. Hotel is located less than a mile (0.7-mile) from St Louis Lambert International Airport (STL).

SHUTTLE: Shuttles run every 20 minutes starting at the top of each hour around the clock. No need to call, just proceed to Hotel Pickup. Shuttles only go to/from the airport. All other needs would be via taxi / uber. Terminal 1 – Lower Level Exit 18 / Terminal 2 – Lower Level Exit 15

AIRPORT HIGHLIGHTS: Hotel is located less than a mile (0.7-mile) from St Louis Lambert International Airport (STL). https://www.flystl.com/. Airport Telephone: +1 314-8901333, airport shuttle complimentary.
--Transportation Services - https://www.flystl.com/parking-and-transport/transportation


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IMAGE CONSENT POLICY: By completing & submitting registration form you acknowledge providing consent to use your image captured during the conference through live-video, photographs, or digital imagery, to be used by SPF in promotional materials, publications, and website and waive any and all rights to these images, unless otherwise revoked in writing to SpasticConference@gmail.com prior to the conference.

FILMING/RECORDING POLICY: Recording of any audio/or videotaping of conference sessions, or at any venue of the annual conference is forbidden, without prior written approval by the SPF. Conference presentations will be available on the website after the completion of the annual conference. Attendants at the annual conference expect, and deserve, the right to privacy. SPF will photograph and record at the annual conference and will make photographs and other media available for news, educational, and promotional purposes as appropriately deemed by SPF. SORCITION POLICY: Soliciting funds for organizations, or for individual benefit, other than donations directed to the Spastic Paraplegia Foundation are prohibited at SPF events. Any people or materials soliciting funds for other organizations or for individual benefit will be removed or asked to leave the conference.
Spastic Paraplegia Foundation
2023 Annual Conference June 23-25, 2023
Conference Registration Form & Fee Schedule

Registrant Name #1:
Disorder: HSP _____ PLS _____ SP _____ ALS _____ Other _____ or None
Meal Requirement: Regular _____ Vegan _____ Vegetarian____
Gluten-Free _____ Kosher _____ Other ____________________________
Food Allergies (List):______________________________________________
Other Allergy Concerns :__________________________________________

Registrant Name #2:
Disorder: HSP _____ PLS _____ SP _____ ALS _____ Other _____ or None
Meal Requirement: Regular _____ Vegan _____ Vegetarian____
Gluten-Free _____ Kosher _____ Other ____________________________
Food Allergies (List):______________________________________________
Other Allergy Concerns :__________________________________________

Registrant Name #3:
Disorder: HSP _____ PLS _____ SP _____ ALS _____ Other _____ or None
Meal Requirement: Regular _____ Vegan _____ Vegetarian____
Gluten-Free _____ Kosher _____ Other ____________________________
Food Allergies (List):______________________________________________
Other Allergy Concerns :__________________________________________

Registrant Name #4:
Disorder: HSP _____ PLS _____ SP _____ ALS _____ Other _____ or None
Meal Requirement: Regular _____ Vegan _____ Vegetarian____
Gluten-Free _____ Kosher _____ Other ____________________________
Food Allergies (List):______________________________________________
Other Allergy Concerns :__________________________________________

VIRTUAL

Virtual Registration Only - Total $150 — Payment must be received by June 16, 2023

Registrant Name:
Disorder: HSP _____ PLS _____ SP _____ ALS _____ Other _____ or None
Meal Requirement: Regular _____ Vegan _____ Vegetarian____
Gluten-Free _____ Kosher _____ Other ____________________________
Food Allergies (List):______________________________________________
Other Allergy Concerns :__________________________________________

Early Discount Registration—Payment must be received by February 24, 2023

1st Adult Conference Fee Early Discount $200 QTY: ______ Total $____
2nd+ Adult Conference Fee Early Discount $130 QTY: ______ Total $____
Child Early Discount (under age 18) $100 QTY: ______ Total $____

Advanced Registration Payment must be received by May 31, 2023

1st Adult Registration Fee $250 QTY: ______ Total $____
2nd+ Adult Registration Fee $200 QTY: ______ Total $____
Child Registration Fee $100 QTY: ______ Total $____

Onsite Registration
1st Adult Registration June 1st to Onsite $250 QTY: ______ Total $____
2nd+ Adult Registration June 1st to Onsite $200 QTY: ______ Total $____
Child Registration June 1st to Onsite $100 QTY: ______ Total $____

Donate to support an SPF Conference Scholarship
I would like to assist someone so they may attend the annual conference, please
Donate To Scholarship Fund by mailing a check to address above or by credit card online:
$25 ___ $50 ___ $100 ___ $200 ___ Other $

Address: _______________________________________________________

Mobile Phone while at conference: (______)__________Text?: Y/N
2nd Mobile: (______)__________Text?: Y/N
E-mail (primary): ________________________________________________
Email (secondary): ______________________________________________
Are you driving or flying to the conference? _______________________
What aids are you likely to bring to the conference? * Check all that
apply: Cane _____ Crutches _____ Walker _____ Scooter _____
Wheelchair _____ Powerchair _____ Animal _____ Caregiver _____ Other
__________ *This helps to determine how much room must be made
available between tables and chairs, and walk-ways.
COMMENTS: ___________________________________________________
______________________________________________________________
______________________________________________________________
______________________________________________________________
FAQ: (1) To receive a registration discount, payment must be
RECEIVED in our office by the noted discounted deadlines. (2)
No Refunds after May 31, 2023, and must be requested by
e-mail. (3) Bringing more guests, no problem, submit additional
copies of this form. (4) SPF has put a hold on every ADA room in
the hotel but may be sold out prior to your reservation.

CONTACT
Details at SPF-Foundation.org
Email Comments/Questions: SpasticConference@gmail.com
Call 877-773-4483

2023 SPF Annual Conference
Tentative Agenda (subject to change)
June 22, Thursday BOD Meeting
June 23, Friday
7:00am Breakfast (On Your Own)
8:00am Welcome
9:00am General Session or Breakouts
10:00am General Session or Breakouts
12:00pm Lunch, plated (Provided)
1:30pm General Session or Breakouts
3:00pm General Session or Breakouts
5:30pm Dinner (On Your Own)
June 24, Saturday
7:00am Breakfast (On Your Own)
8:00am General Sessions or Breakouts
12:00pm Lunch, lite & plated (Provided)
1:30pm General Session or Breakouts
6:30pm Dinner plated (Provided)
June 25, Sunday
8:00am Coffee & Pastries w/Dr. John Fink, (Provided)
10:30am SPF Committees (Breakouts)
12:00pm Adjourn, Lunch (on your own)

Fill out your registration, and return with payment in the enclosed remittance envelope to
the SPF Foundation at 6952 Clayborne Drive, O’Fallon, MO 63368-6202