



**YOUR WILL.
YOUR WISHES.
YOUR LEGACY.**

Planning Today. Protecting Tomorrow.



Education. Awareness. Hope. The Power of Community.

A GUIDE TO MAKING OR UPDATING YOUR WILL

PLANNING TODAY. PROTECTING TOMORROW.

ABOUT THIS GUIDE

This educational guide is designed to help you begin meaningful conversations about your will and the legacy you hope to leave. It is not legal or financial advice; your attorney or qualified advisor can help you create a plan that reflects your wishes.

The Spastic Paraplegia Foundation encourages you to care for your loved ones first, document your wishes clearly, and seek professional guidance when creating or updating your estate plan.

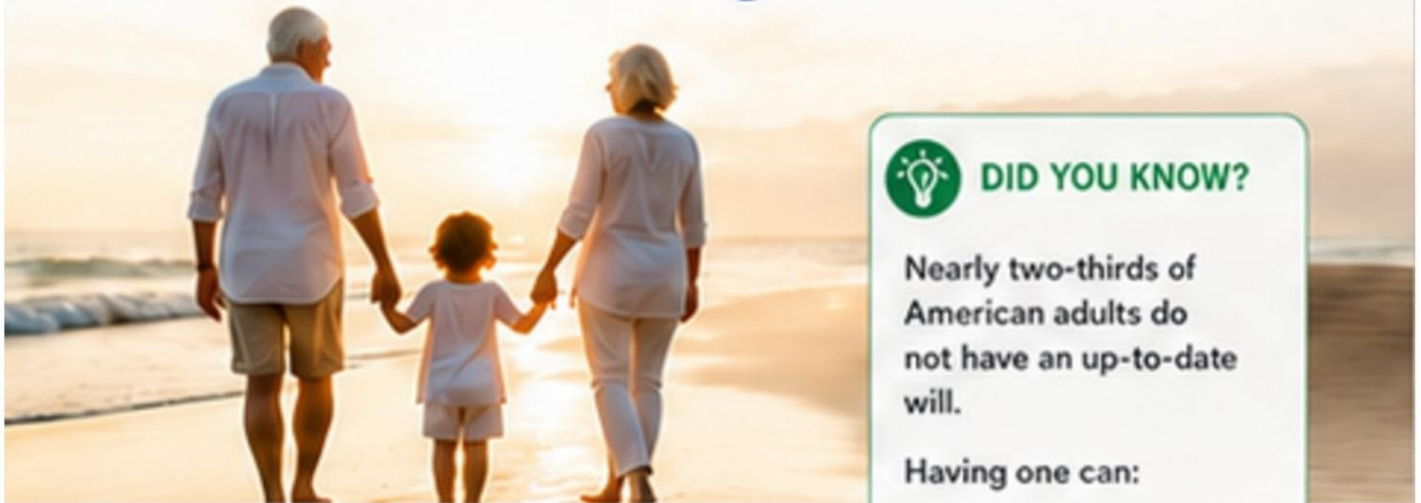


A thoughtful plan can provide peace of mind today and create a legacy of hope for tomorrow.

Planning Today. Protecting Tomorrow.

MAKE A WILL MONTH

Everyone Needs a Will No Matter Your Age or Income



A will is one of the most important gifts you can give your loved ones. It ensures your wishes are known, your family is protected, and the causes you care about can continue to make a difference.

It's not just for the wealthy or the elderly—every adult should have a plan.

LEGACY PLANNING TIP



Keep your original will in a secure location and be sure your executor knows where it is.



DID YOU KNOW?

Nearly two-thirds of American adults do not have an up-to-date will.

Having one can:

- ✓ Reduce stress for loved ones
- ✓ Help avoid family disagreements
- ✓ Ensure your wishes are honored

“ *The best time to plant
a tree was twenty years ago.
The second best time is today.* ”

SPF

SPASTIC
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MAKE A WILL MONTH

Five Things Every Will Should Include



A well-prepared will helps ensure your wishes are carried out and provides clarity for your loved ones. While every situation is unique, most wills should include these five essential elements.

- 1 Name your executor
- 2 Identify your beneficiaries
- 3 Describe your assets
- 4 Name a guardian for minor children
- 5 Sign and date your will



DID YOU KNOW?

70% of people with a will have not updated it in the past 5 years.

Reviewing your will regularly is important!

LEGACY PLANNING TIP

Store your will in a safe place and give a copy to your executor or attorney.



Planning Today. Protecting Tomorrow.

MAKE A WILL MONTH

Legacy Is About Values—Not Wealth



A legacy is not measured by the size of your estate, but by the values you pass on and the lives you touch. Everyone can leave a legacy that reflects what matters most.

Through your will, you can support the people, organizations, and causes that are important to you and continue making a difference.



DID YOU KNOW?

More than 60% of Americans want to leave a gift to charity, yet only 8% have included one in their estate plans.

LEGACY PLANNING TIP



Think about the impact you want to make. Your legacy can reflect your values and passions.

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MAKE A WILL MONTH

Including SPF in Your Will Is Easier Than You Think



DID YOU KNOW?

A simple bequest can make a lasting impact on the future of research, support, and awareness.

After providing for your loved ones, you may choose to support the causes that matter most. There are several easy ways to include the Spastic Paraplegia Foundation in your estate plans.

Ways You Can Include SPF:

-  A specific dollar amount
-  A percentage of your estate
-  The remainder after other gifts
-  A gift of stock or other assets

LEGACY PLANNING TIP

Discuss your plans with your attorney or financial advisor to make sure your wishes are clear.



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MAKE A WILL MONTH



Your Legacy Lives On

The decisions you make today can create opportunities and bring hope to future generations. Your legacy has the power to change lives long into the future.

Thank you for taking the time to plan today and protect tomorrow.

LEGACY PLANNING TIP



Let your loved ones know your wishes and where important documents are located.



DID YOU KNOW?

Charitable gifts in wills have helped support breakthrough research and vital programs for decades.

“*A legacy is not what you leave for people; it is what you leave in people.*”

THANK YOU for taking time to plan.
We hope this guide has been helpful.

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TOGETHER, WE ADVANCE RESEARCH.

TOGETHER, WE BRING HOPE THROUGH SUPPORT.

TOGETHER, WE MAKE A DIFFERENCE THROUGH EDUCATION.

YOUR LEGACY MATTERS

Thank you for taking the time to plan.

The decisions you make today are meaningful ones.

Thoughtful planning brings clarity and peace of mind,

while helping your wishes reflect what matters most.

Your choices today can create a meaningful legacy tomorrow.

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